

GOD'S UNIVERSAL LAWS
THE LAW OF ALLOWING

BY: GOD IS GOVERNMENT

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God's Universal Laws

The Law of Allowing

From the beginning of the human physical life form, we have entered this realm in a complete struggle of self-existence. This struggle is the center of almost every issue we experience in life itself whether it is emotionally, financially, government-to-government or civilization itself. We have been told from our first day of existence in some form or fashion (inside our mother's womb) that the world is a bitter place, one of survival of the fittest, competitive in nature and to get ahead in life we must work hard and do it at the best we can. While at the same time as we comprehend and work to this standard, we find that interaction between humans is one of judgment, opinions and control. There is no balance to any of this. Why we may ask? Because this is not what life had intended for us. This is not ALL-THAT-IS.

The Law of Allowing is quite simple in its definition. You have to look at it from the standpoint of resistance. If you resist anything, you will not get it. This is as simple an explanation as one can have. Using the Law of Allowing, you are saying that you have no resistance to what you want and the flow of your energy will be directed towards what you wish for. There will be no stumbling blocks. It allows us to control or not to control (default allowing) that which we experience in life. The timing of these experiences can come quickly or take longer into existence. They can change in order of experience based upon our focused attention to our thoughts. That which we increase the level of expectation comes quicker than those we don't have high expectations for. But we should not be confused. All of our thoughts, both good and bad, bring forth life experiences to us.

The Law of Allowing is the most difficult Law to get our arms around it and sustained its positive existence in our lives. Does it exist on a continual basis with or without us being aware of it? Absolutely. We can either control it or not. If we choose to control it then we only allow into our life our wants and desires and if we don't control it we get life experiences by default. Unless we are dead, we will have life experiences. We have learned that everything in life, regardless of what

it is, begins with our thoughts and from them we bring forth our life experiences good or bad. It is at the peak of all understanding that we are the only ones who allow our life experiences to occur as they are. Wow! What an understanding.

So to fully understand this Law of Allowing we need to explore the details of how we function in life. We do this by going back to the beginning once again. We have already learned that which we ask for is given with no delay. It is in the manifestation into our life that is ours to control or not.

Our Focus is the Creator of our Own Truth

We have now been made more fully aware that everything in this Universe is a vibration pattern. In fact, we, as humans, are Vibrational Beings. It is through the individual vibration patterns where everything communicates with everything else. We now more fully comprehend that we do create our own individual reality. In addition, we are now coming to more fully understand that we create our own reality through what we focus our thoughts on, because it is our thoughts that are vibrations themselves and through the Law of Attraction everything responds to vibration patterns. Therefore, we know that whatever we are focusing upon – past, present or future – we are in the process of creating life experiences.

If our attention is focused on a present moment experience; a situation of our past; a particular topic of explanation; or something we are imagining or even fantasizing about, we are offering a particular vibration pattern to the Universe and through the law of Attraction the Universe is in like kind responding to that specific vibration pattern. As we focus more and more of our attention or in revisiting that particular subject, the process of attracting other vibrations of the same frequency increases, so that our vibration pattern about that particular subject gets stronger and stronger.

Therefore, the more we focus on a particular subject, the more active its vibration patterns becomes and the more the Universe attracts to us in like vibration. Over time our maintained focus on this particular subject will result in seeing physical evidence showing up in our life experience which the Universe has matched the essence of the way we have been feeling about whatever particular

subject we have been focused upon. It is at this time we call the experience factual or truthful. It is at this time that no one can deny fact or truth since the physical evidence is right in front of us. While it is fact and truth it is our individual creation.

Thoughts a Key to Allowing

In the previous Chapter we spoke about the over 10,000 thoughts we have each day and the ability to control our thoughts for any and all course corrections was in listening or being aware of what our Emotional Guidance System was telling us. As we are continual exposed to life experiences, we are stimulated in our focusing upon something all day, every day, and that focus is causing an activation of various vibrational patterns within us. Since we know that we are Vibrational Beings living in a Vibrational Universe, we then know that each vibration we send out to the Universe receives a like kind response back in the form of attracting more of the same to us.

Science has proved that everything in the Universe is a living thing consisting of the primary chemical elements of life. We know then that life requires consciousness. And consciousness is vibration or energy and can focus. Therefore, we know everyone and everything in the Universe is a living entity and is conscious of the things inside and outside of it. It is in the experience of life that through our consciousness that we develop a personal perception of every experience. From these experiences we develop constant preferences as to what we like or not like. It is in these experience (controlled by our thoughts whether it be a thought only or a thought with action) where we give birth to our individual wants and desires. These wants and desires have vibration patterns associated with them which emanates from us as we consider them in our thoughts. It is at this point when we always ask for things and what we ask for is given.

Now we ask you to visualize this scenario for a moment. We have over 10,000 thoughts a day and each has its resultant vibration pattern and as such we are sending at a minimum of 10,000 vibration pattern requests to the Universe for match. In doing so, the Universe answers immediately but, for us humans; we have not prepared the slightest about receiving probably even one of our vibration requests. It is at this time that we must realize that collective thoughts produce outcomes. This means that thoughts that produce good feelings produce great results and thoughts that produce bad feelings produce those unwanted and sometimes disastrous results.

For understanding let's review a simulated day for us and one thought. We have a thought which releases a vibration pattern as a wanted or desired request for a life experience. This request goes from our physical thought to our non-physical spirit who receives the request and turns its undivided attention to bringing forth into our life experience this request. At this very moment in time our Non-Physical Self (Inner Being/Spirit) instantly becomes a vibrational match to our thought vibration pattern and send the message out to the Universe (Our Source) who immediately presents back to us our request for immediate manifestation into our life experience. Now because we do not think in single thoughts that could be dealt with individually we build our wants and desires as we are releasing the previous want or desire or as we are moving on to the next want or desire. So we are building our requests at a vibrational mix of various patterns in our physical self. Because of sending a mixed vibration pattern of our thoughts to our Inner Being for processing we are not at a physical vibration match to ALLOW our request to be manifested immediately into our life experience. So, our request sits there in an inventory of requests awaiting our physical self to get to a vibration match with that of our request so it can be manifested into our life experience. So, in order to manifest our wants and desires into our life experiences it is our job to bring our physical vibration patterns in alignment with our Non-Physical Self (Spirit) which can release from our request inventory that match our physical vibration pattern those wants and desires we have asked for and received.

Understanding now the process of thought through manifestation you can clearly identify that is it our physical self which is in total control over the process of allowing what comes into our life experience. Our requests are immediately made available to us to manifest into our life experience, but we have moved on to our next want and desire. So the Law of Allowing is to bring our physical thought pattern in alignment with our Non-Physical Self (Spirit) to manifest our requests into our life experience. This process cannot be controlled by control over each and every thought but with the interactions with of our emotions – our Emotional Guidance System.

No want or desire, no matter what the subject is, can manifest into our life experience if we are at a vibrational difference between the want/desire and our practiced (physical) vibration. We have

to practice (our physical) bringing our vibration pattern into alignment with that of our want/desire before we can realize it – have it manifested – into our life experience.

It is through our Emotional Guidance System which helps us recognize the relationship between our desires and the vibration of our physical self. There are truly no other factors that need to be considered in the achievement of our wants and desires. It does not matter what anyone else thinks, what they have experienced in the past, current or hope to in the future, or what we have lived in the past, present or future. None of anything has a bearing whatsoever in our ability to achieve our wants and desires. It is only the vibration relativity between our want and desire and us that is relevant.

Energy Flow Required in Allowing

We have learned that everyone and everything is connected to each other and a constant flow of energy is taken place 100% of the time between everything and everyone. This constant flow of energy is through the Universal Source (our Source of all energy). Our spirit is our personal source of energy. Our spirit is an Eternal living source of energy. It was living before we were born. It lived within our human bodies during our Life in a physical form. It returns to the Source upon death of our physical bodies. Our spirit can think and remembers things that occurred before birth, during Life in this physical form, and happenings after death when it returns to the spiritual realm. We never die. We are immortal souls. It is through these relationships that energy from the Source is passed to us from various channels to keep us in balance with Nature (the creation purpose). We are in constant communication 100% of the time with everything and everyone. It is in this balance that we achieve harmony with the Universal Source Creator.

It is through these relationships that our physical vibrations connect to the Universe and allowing manifestations into our life experience that which matches our vibrational levels we are communicating at each and every moment of the day. It should now be understood that the higher our physical vibration level is the more we are able to manifest into our life experiences and by reverse the lower our vibration levels the less likely we are to achieve the manifestations of our wants and desires into our life experiences. So in order to allow more and more of those wanted and desired life experiences we must increase the frequencies of our physical vibration levels. How

do we achieve this? Is there some magic formula? Does our physical being have to be perfect in every way to achieve this increased vibration levels? Is there a recipe like list that identifies specific wants and desires as a vibration frequency level which require communication? Are there multiple communication points which we need to be concerned to communicate with and, if so, doe each communication point carry a different frequency vibration level for us to communicate successfully? We will answer these and many more questions in the following discussion points.

Before we move into our discussion let's review the way we communicate. We should understand now that every living thing communicates through vibration patterns at certain frequency levels. We also learned in the Universal Energy Chapter that at very moment of our physical birth that our spirit, who knew only of pure energy and One with the Source, was now not free in the spiritual realm it was housed in a body of energy that had vibrations much slower which created a physical mass holding it inside not free to roam. This physical mass, being pure energy as identified in the Chapter – ‘Defining Life,’ with its lower vibration frequency from the vibration frequency of our spirit had to develop a relationship between the two in order to be able to communicate with each other – the relationship of the physical you to the Spiritual You. We know that one body of energy can only communicate with another body of energy when they are vibrating at the same frequency. To understand this let's look at communication from a radio station to our radio. If we knew of a radio station that was approved by the FCC to communicate to everyone on a frequency of 98.7 then if we wanted to listen to the information being communicated by the radio station we would have to turn our radio into the same frequency 98.7 to hear what was being communicated. We could not have our radio on 103.7 and hear what was being played on 98.7. This is the same with the energy of our body and the energy of our spirit. Our body is vibrating at a much lower frequency than our spirit. Therefore, these two bodies of energy had to develop a system of communication between them so that one would know what the other was communicating.

Our Communication Systems

In order to start this discussion with the right basis we need to cover how it is we communicate as human beings. We basically have two communication systems. One that communicates with the physical world (Speech and Hearing) and another that communicates with the non-physical

world (Universe Communication System). Our physical world communication of speech and hearing happens when air flows over our vocal cords making sound which can be heard using our ears which takes the sound vibration and deciphers the sound into understandable words utilizing our eardrum. The vibration frequency level is a standard level (never changes) for type of communication allowing each living thing to hear sound vibration as a means of physical communication. Whether it is a word spoken, an animal breaking a piece of wood as they walk through the forest, winds whistling through the trees, the crackling of a fire or many more sounds we hear. They are all sound vibrations at a given vibration frequency level so that can use the hearing part of our communication to understand what is going on around us. Now this communication system is not something that you can turn off and on, while a lot of us would like to do at times. It is in a constant operating mode of communication whether we are asleep or awake twenty four hours a day, seven days a week, 365 days a year our whole lifetime. Just as we have one frequency in our physical world communication so it is with our non-physical world. Our soul (our Inner Being), which was provided by our creator, is the communication source we have to communicate with the Universe. This Inner Being has been set (programmed is you think of it this way) to vibrate at the same frequency as the entire Universe. It, like our physical communication system, is in constant communication with Universe whether we are asleep or awake twenty four hours a day, seven days a week, 365 days a year forever whether we are living in this physical form or not.

Our two communication sources are always in direct communication with their appropriate communication point at the correct vibration frequency level. It is in the communication between our physical life form and our Inner Being which creates our communication problems. Since our physical life communication system is at a much lower-level vibration frequency level of communication from that of our Inner Being we typically want to communicate at the lower Physical Communication System vibration frequency level instead of the higher level Universal Communication System. Therefore, we limit ourselves by only communicating at our Physical Communication System vibration frequency level in allowing all the wants and desires we ask the Universe for to be manifested into our life experiences. It is only when we increase our communication frequency level between of Physical Communication System and the Universal Communication System, we are able to manifest all our wants and desires.

So, we don't have to be concerned about a menu of frequencies for specific wants and desires to achieve the manifestation of them into our life experiences. All we have to do is focus our intention on increasing our Physical Communication System vibrational frequencies to the level of our Inner Being (Universe Communication System) so we can talk internally within ourselves at the higher vibrational frequency level and then we will be able to manifest all our wants and desires immediately into our life experiences.

So how do we increase our Physical Communication Systems vibrational frequency level to be able to fully communicate with our Inner Being tapping into the Universal Communications System of our soul? We will discuss the steps which we have identified would increase our vibrational frequency but we must understand that are first humans with a mind of our own which without practice of control can take over any situation and render a lack of performance towards our objective. For this reason, if you seek this journey you must stay focused on the objective and your life's intent. Once you begin to feel the difference and see the outcomes you will never want to go back to any of the EGO mind ways of thinking and control. This I can assure you.

Change – The absolute first step

Since birth, we have only been taught how to communicate through our Physical Communication System. Now we understand that we have two communication Systems which communicate at two different vibrational frequencies and that to manifest our wants and desires into our life experiences we have to increase our Physical Communication System to be able to fully communicate with the Universal Communication System. To increase our Physical Communication System's vibrational frequency level in order to fully communicate with our Inner Being (Universal Communications System) we must want this change to actually take place.. To make this decision on the surface is easy but to actually make a change in the way we communicate is a much different story. We must want to change.

Worldwide psychologists tend to agree that there are five basic steps we go through in the change process. These five steps are

1. Precontemplation
2. Contemplation
3. Determination
4. Action
5. Maintenance

The first three steps are focused on just the process to gather our thoughts around the fact that a change is needed. The time to work through these first three most important steps varies greatly from one individual to the next. It is in completing these three steps where we have worked through most of the emotional issues associated with change itself and have clearly determined that a change is needed. However, deciding that a change is needed and actually changing are for two different things. It is in the act of changing (Action Step) where the majority of individuals stop in the fulfillment of completing the change. Statistics tells us that it takes twice as long to change a behavior than what it took to create the behavior in a normal environment. So the commitment to change and seeing the change occur is time consuming and requires the understanding that change will not happen overnight. Therefore, if your 40 years old and you wish to make a behavioral change which has been a behavior of yours for twenty years then statistically you should have completely made a transition of change in forty years. Now that is a commitment. One thing we need to realize is that a major life change requires on-going maintenance practically the rest of our life.

There is documented proof of people of all ages making significant life changes in far less time than what statistics provides us as the timeline. We have reviewed life changing cases of people diagnosed with cancer, people who have experienced a financial crisis, or any number of life situations who have accomplished rapid change. Why is it that they can change so much quicker than the statistical norm? In our review of these life changing cases, we have found that certain tools were used to aid them in the acceleration of the change. So to be successful in our life changing process we need to utilize our own set of tools which can allow us to accelerate the change process. Each of these tools is focused on what we think and how we feel. For it is in our

thoughts which are changed and our emotions provide the status of our change letting us know we are on the right track of change.

Our Tool Set For Change

Individually each tool within the tool set causes an incremental increase in our vibration frequency but when they are in constant use controlling our thoughts creates a major shift in vibrational frequency increase. It is in the continual usage of these tools that not only changes our vibrational frequency but sustains it as a forever life change allowing us to manifest our wants and desires more and more frequent into our life experiences. The following tools are provided in no particular order and should be implemented into our life's journey as you are able to make them a part of your daily life.

MEDITATION

It has been estimated that we have tens of thousands of individual thoughts daily. Some say that the average person has upward to sixty thousand individual thoughts per day. The issue is that the majority of these thoughts are the same each and every day. The thoughts you had yesterday will be the thoughts of today and the thoughts of tomorrow. Therefore, our minds are filled with continuous chatter being the same chatter day in and day out. This pattern of thought basically is taught through our teachers and reinforces our cultural belief that all silence must be filled with some sort of communication. In some cultures, silence represents an embarrassment and a social defect – our inability to advance socially. Silent periods in a car, sitting on a porch, at a meal or really anywhere else are perceived to be awkward moments. We were not taught to be silent and we feel it as unwieldy and confusing. Thus we constantly keep our inner thoughts going just like we do in outward communication. If we have a continuous flow of exiting thoughts and communication in the Physical Communication System then how are we going to develop the thoughts at increased vibrational levels to interact with our Inner Being (Universal Communication System). Therefore, we must be able to allocate time where we enter our mind's thought with stillness so our mind can listen and absorb, that confusion and frustration will disappear, and enlightened guidance will come to us in the stillness of our mind.

Our mind is like a pond with two levels. The surface is where we experience our daily thoughts and communications. As we go into the depth of our mind we will find stillness. This is where you will find the true essence of the mind – an oneness with our creator. If we want to understand the universe and the universe of our mind you need time to explore it and you can only do that if you are not thinking or speaking anything else.

Psalms Chapter 1 versus 1-3

King James Version

1 Blessed is the man “that walketh not in the counsel of the ungodly, nor standeth in the way of sinner, nor sitteth in the seat of the scornful.

2 But his delight is in the law of the Lord; and in his law doth he meditate day and night.

3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

KNOWING

You may ask what does the word KNOWING have to do with any process to be included in the tool set. Well, let me state that KNOWING in the context of our tool set is basically a “state of mind.” It is the opposite of a belief. Let’s look at this huge difference and just why it is a very important part of our tool set.

Everything that we carry around with us that we call a belief most likely has become our own belief because of the experiences, testimony or teaching of other people. For instance, if we look back at our fundamental education at those dreaded history courses and we were told in the text books and by our teacher that Thomas Edison created the light bulb, that there was a war of 1812, that American independence occurred on July 4, 1776, that Columbus sailed from Spain and found America and many historical facts. Do you have anything more to accept these facts other than what someone told you? Were you there to experience them directly to KNOW they happened? What we have done it taken what someone has told us and determined it was true and placed it into the category of beliefs.

So, what we have allowed to happen throughout our lives is take information provided outside of ourselves and decided what we wish to believe and what we wish to not believe, really without any basic experience of fact. As these pieces of information comes to us from a source outside of ourselves, regardless of how persuasive the argument provided by the source or how many people who support this information as fact trying to convince you of this truth of these beliefs, the fact that it is someone else's truth means that you receive it with some question marks or doubts until you absolutely experience what you are being told. This process is called programming and it begins the minute we have been delivered outside our mother's womb.

I ask you to stop and think about this for a minute. Reflect back on your life when you were told that something was difficult to do. Or more like you cannot do something because I never could do it. Or even better and something I heard a lot growing up – you were born into a poor family and so were our parents so shall you when you grow up. What is it in your life that have become beliefs that you took for truth which you did not even test it to determine if it really is your truth? And more importantly why would someone else's truth be your truth anyway.

Just because we have heard it, and it is a long-surviving tradition or culture, and it has been recorded over the centuries, and the world teachers have endorsed it those are not reasons to accept a belief. When we have direct experience of life experience whether it is the tasting of a new food, a particular sport, speaking a new language or whatever it might be we then have a KNOWING. That is, we have had a conscious contact and can determine our own truth based upon solely our own experience. We know how to ride a bike, throw a baseball, cook a cake, take a shower, read a book not because we have a belief, but because we have had the direct experience. There is a fundamental difference between knowing something and knowing about something. To know something means a direct experience absence of any doubt.

We are constantly being reminded of what we should or should not believe, and what the members of whatever groups we affiliate ourselves with tell us would happen to us if we ignored these beliefs. With the punishment features engrained in us we cause fear now to be part of our belief system. This makes fear a constant companion of our beliefs, and despite the doubts we

may be feeling inside, we often adopt these beliefs and make them crutches in our life. This creates daily life struggles while we look for a way out of the traps that have been carefully set by generations of believers which have come before us.

It must be understood as long as we believe truths of others, we will not be able to achieve any dramatically increase in our vibration between our two communications systems. For we will not be open to the communication received from our Universal Communication System with our Physical Communication System. We cannot learn anything through the efforts of others. The world greatest teachers can teach us absolutely nothing unless we are willing to apply what they have to teach us based on our KNOWING. At best these great teachers can only offer us choices on the menu of life beliefs. But it is only when we accept and apply their teaching do they become a belief and this is done so with our testing and application to our life as to whether or not we accept the belief – KNOWING.

Therefore, it is critical that we remove all beliefs which will not allow us to achieve the desired outcome of increasing our vibration communication frequency so that we are able to manifest our wants and desires into our life experiences. This requires us to take inventory of our beliefs and make an effort to open our mind to experiencing things directly before proclaiming them as true and living by them. This cleansing of beliefs provides an open mind to accept the truths as intended to be accepted through direct communication with our Creator.

PATIENCE

This is extremely an important tool within our tool set. For it must be our understanding that everything has a natural timeline of completion. We have been taught to set goals and timelines which we wish to accomplish those goals. However, we must understand that goal setting and timelines for accomplishing these goals are guidelines which we use to focus the attention we feel needed in accomplishing the goals. All life wants and desires come to us when we have requested them, created the environment to receive them and then remove ourselves from the process allowing them to be manifested into our life experiences. The timing for this only comes within the Universe timeline and not ours. The Universe is poised to provide immediately everything we ask for without delay. It is in our own physical conditioning that either allows

manifestation to be immediate or requires some physical adjustment for the manifestation to occur. This requires us to have infinite patience. For if we become impatient and create the feeling of failure then we have placed a barrier into the process of manifesting our life experience wants and desires. See we must understand that it is not the Universe which is holding things up. The total holdup in experiencing life as our wants and desires is totally ours to control. If we pursuing this physical conditioning (THE CHANGE) then we will accomplish it but only when CHANGE has reached the level to allow our wants and desires to be manifested as life experiences.

Impatience created negative physical conditions preventing CHANGE - fear, stress and discouragement. Patience manifests positive physical conditions quickening CHANGE - confidence, decisiveness, and a feeling of peaceful satisfaction. When we examine our lives we need to look at just how frequently we demand an immediate indicator of success instead of seeing the larger picture of what we really desire our outcome to be. When we have focused INTENT and on PURPOSE we see the larger picture and are able to let go of the need to seek validation in any form eliminating any impatience with the movement through our CHANGE process.

CONFIDENCE

In order for us to connect with confidence we must remove the FEAR in our lives. FEAR is a self-induced feeling our physical mind creates when we are not living within the INSPIRED state of mind provided by our Inner Being (Universal Communication System). Fear, while it has many faces, is an EGO state we create when we feel we are losing or failing at something. A couple of thoughts for you to consider as we examine CONFIDENCE as part of our tool set.

1. When we think of losing, we do so many times when we actually have nothing to lose. For if we understand that all things are of this Universe and we co-exist with all things of the Universe then we really have nothing we own for which to lose. We can only control that which we own and since we really don't own anything we are not in control and therefore cannot lose.

2. We never fail at anything. I don't remember how many times I was told by my mentors that there is no such thing as failure! Failure is a state of mind. It is a judgment that we as humans place on any given action. My grandmother once said that you cannot fail at anything you can only produce a result that may or may not be as success of an outcome we wanted. If failure was to exist it would be in what we do with the results we produce from our actions. Do we label ourselves as a failure announcing that we are uncoordinated, untalented, dysfunctional, unsuccessful, or any other adjectives that we can think of. For me, I was taught that instead of accepting what others might consider a failure I call it a practice and get back up on that horse that bucked me and do it again until the outcome I wish for is achieved.

In order to prevent us from retreating back to our behaviors or thought patterns which we are focused on changing we must realize that the change is not instantaneously. The CHANGE process comes with ups and downs just like life but in more of a panoramic view than our previous behavior. It is more in view because we are giving conscious thought to our changing process. One example of this which we all can relate to is the process of learning how to walk as a new born. We first must realize that for us to learn to walk that it happened as a point of nature. Remember all things happen on nature's timeframe and not ours.

As an infant, before we were influenced with the conditioning taught by others which leads us away from the connection with our Inner Being (Universal Communication System) we had no fear of losing or failing. Our nature as an infant was to learn how to do things – to walk. For a while we just lay down, then nature told us to “Sit” and we did. The as we gained more strength and coordination our nature told us to “Crawl” and guess what we did. Eventually when it became apparent to nature that we had enough strength to hold ourselves upright nature told us to “Stand on Two Feet” and balance ourselves and we did that. As we were able to balance ourselves sufficient enough to walk we were told by nature to “Move in a Standing Upright Position” and we listened and did just that.

The first time we tried to walk we fell down and returned to crawling. But as our nature wouldn't let us stay satisfied with just crawling, we ignored our fears and we stood up once again. This time our standing was a wobble and then yet another fall. This continued until eventually our nature won out over our feared mind and we then walked in an upright position. Can you imagine what it would have been like if our physical mind and we never learned how to walk? We would still be crawling on all fours and never to experience the advantages of an upright style of life.

Just as with life experience of walking so it is with everything else in our lives. Far it is better to have acted and produced results, regardless of the results, that we will grow from than to ignore our nature and live totally in fear. It is our humanistic behavior to look at what we imagine to be a strong reason for inaction and then we ALLOW it to become our reality, sometimes before we even make an attempt. It is our FEAR which supports an illusion that it is possible to fail, and that failure means we are unworthy.

There is a quote from Thomas Edison I have always enjoyed using when I speak to people about change and the fear of not accomplishing the change. When asked by a reporter what it felt like to have failed twenty-five thousand times in his efforts to invent a battery he stated, "Failed, I haven't failed. Today I know twenty-five thousand ways to not make a battery."

It is extremely important that we remove all elements of FEAR in our CHANGE process. We must refuse to ever use the term "failure." We must continuously remind ourselves that when things don't go as planned we didn't fail; we produced a result which we can learn from. We must continually ask ourselves what are we to do with the results we experienced from our actions. It is important we act in a way that is grateful rather than resentful for those outcomes which do not produce the wanted result of our action. We need to gently correct others who use the term failure about us telling them that we in no way failed we have just learned another way not to achieve our objective.

FEAR as stated has many faces. We need to consciously know these faces and when those feelings begin to occur we need to stop them in their tracks and CHANGE our thoughts about

our actions. In changing our thoughts it will move us from the feelings of FEAR to CONFIDENCE.

INSPIRATION- BEING INSPIRED

Inspiration is probably one of the most important tools in our tool set. For it is when we are living our lives inspirational then we are living through our Inner Being (Our Spirit) allowing our Inner Being to bring us to an INSPIRED state of mind. It is when we are living in this INSPIRED state of mind that we are totally communicating with the Universal Communication System at its vibrational frequency. KNOWING this and focusing on living in INSPIRATION then we can see how this single tool manifests our CHANGING process more quickly. It is important that we discuss some of the conditions that prevent us from living an INSPIRED life so you can dismiss any focus of your attention on them.

In order to understand how we live an INSPIRED life we must provide a definition for understanding this term. TO properly understand this word we need to break it down into two parts; the first part IN and the second part SPIRIT. The first part of the word “IN” means that we are obtaining INSPIRATION from inside of us and not from outside third parties or influences. That is right! We have connected to our Inner Self and are receiving input from within our Inner Being. The second part of the word “SPIRIT” means that we are living in-Spirit. Living in-Spirit means that we have allowed our Inner Being (Our Soul) to direct our thoughts and actions. Therefore, when we are living in-Spirit we are said to be INSPIRED.

With an understanding now of the definition of INSPIRED and where INSPIRATION is coming from we can talk about what elements of this tool we need to be cognizant of. For it is in the allowing of INSPIRATION where we find our KNOWING God and how we achieve a heightened level of awareness of this KNOWING utilizing the original foundation (Our Inner Being) for building a spiritual base and liberating ourselves from the physical limitations of the body, mind and EGO.

When we are truly INSPIRED extraordinary things will begin to happen to us. Our thoughts and actions begin to drastically change even to the point that our physical mind cannot withstand the

spiritual presence to bring forth feelings of loss, fear or failure. In fact, our thoughts change and we lose that quality of feeling limited in any way. The most phenomenal things begin to happen when we are living in this state of inspiration grace. We find that many dormant forces, faculties we haven't used and talents we have not experienced become alive and begin to work through us. This means that many things we thought were outside our power to manifest become alive in us. Living in-Spirit allows us to tap into the Universe and use any and all of its unlimited powers.

We through the God given spirit which lives inside of us have unlimited ability to tap into this Universe powers 24/7 365 days a year. Our spirit has all forces, faculties and talents available within the Universe at our choosing for use. It is only in our physical minds where we have blocked them from usage.

So, it is when we are living in-Spirit that our communication door is opened providing access to all the Universal powers to manifest our wants and desires. What you need will show up. The right person at just the right time will be there. The phone call which you need will come at the right time. The missing pieces of the puzzle will be brought to you. When you are living in-Spirit the ancient Zen proverb applies: "When the student is ready, the teacher will appear."

In order for us to CHANGE and connect with the Law of Allowing we must live in-Spirit. We must live do so with the mindset as "how may I serve" and lose our EGO in the process. We should never incur words like 'stuck, blocked or I can't.' We should look for the guidance within our Inner Being. When we do all the Universal powers are given to us to accomplish our project. We should let go of our physical boundaries and open the communication with our Universal Communication System to tap into the unlimited powers given to us.

LIVING IN THE PRESENT

It is our present energy which drives lives forward. It is not past life experiences, nor thoughts, nor actions, nor physical conditions which drives our lives forward with our current life experiences. Therefore, in order for CHANGE to take place we must live in the present. So much of our lives are lived in the past. We sit and think oh I should of _____; I wish I had done

_____ ; I would have loved to have done _____ ; I should have said this _____ ; I should not have acted like _____ ; and so on it goes.

It is extremely important for us to understand we do not live in the past. One of life's greatest illusions is the belief that our past is responsible for our lives current conditions. The past has nothing to do with the present other than memories. Our current life experiences are manifested by our current thoughts and allowing.

It orders for us to continue to live in the present we must quit insisting and convincing ourselves that all our problems we currently face is because of our past. We must stop bonding with wounds of our past and continue to blame them for our current miserable circumstances. If we don't stop these thoughts then we are living an illusion of life. A life which will never be present and things of the past will always be the current.

Things that happened in the past cannot be re-written, cannot be recalled or experienced ever again. Our past experiences are past and never more to be lived except learned from as we have talked about in the CONFIDENCE tool. We are a product of the choices we are making right now, and nothing in our past can affect us today. We must choose to live in the present where we can control the outcomes of life or live in a past illusion of the past – good or bad.

MIND POWER

In order for us to CHANGE we must have control over our minds. Well, you may say I already do have control over my mind. I would have to agree with you on that point but I will disagree with you that of the 10,000 thoughts we have a day we surely do not control ever single thought and it is here where we must take control. As we spoke briefly in the MEDITATION tool we shall look at this a little more in-depth.

We must create the environment whereby we can talk and listen between our two communication systems – Physical Communication System (Our Mind) and the Universal Communication System (Our Soul). In order to do this we must take control over our mind to create this environment. Now one of the methods to do this is using MEDITATION and the other is through

PRAYER. In either method we are consciously creating the environment to be able to talk, which has never been the problem, and listen, which has always been the problem.

Have you ever thought really about your mind? It is one awesome part of us. We can't see it or touch it. It has to real substance, no boundaries, not constrained by time as we know it or space, and yet it is always there guiding and directing virtually everything about our lives. It is our kingdom where we and only we can use it in all circumstances to create our perfect dynasty for ourselves. It gives us our freedom and refuge of sanity. It is the place that cannot be invaded by others. It is our control center for everything we think about, we take action on and where we dream. Whether it be that we crave doing right or harm it is a place that provides us the solace of our secrets.

The CHANGE we seek is in our mind. The CHANGE is in the ability to think about those things of the Soul and listen to its direction about achieving our purpose. We spoke in an earlier chapter about determining what our purpose was when we decided to come into a physical life form. We stated that we knew this before our birth and this purpose is known by our Soul. We spoke about that when we entered into the physical life form that a barrier was placed in our minds to remove all our past knowledge so we could develop our choices during our physical life without constraint. However the barrier is not a permanent barrier it is one that we must choose to remove and in doing so we then unlock the differences between the two communication systems.

Our mind is willing and able to give us a lifetime of peace and tranquility. When we decide to CHANGE our min we can begin living. Within this CHANGE we create a life of giving and service rather than lacking and taking. It is our mind that gives us the freedom to be at peace and one with the Universe.

Our every FEAR we experience comes not from any outside party, but from how we choose to use our minds. When we sweep our minds from all the lifelong conditioning we eliminate all FEAR even the fear of death. This is the CHANGE we seek in living in-Spirit.

So in our quest for CHANGE we need to practice controlling our mind to eliminate our self-destructive behaviors. When we find ourselves thinking depression, anger, stress, hatred and other negative thought patterns we need to ask ourselves why we are choosing to allow ourselves to be upset rather than using our mind to create peace and tranquility. We need to spend some time thinking about just how powerful our mind is in the control of communication and the co-creating of our life experiences. We need to refuse to allow thoughts into this most sacred inner space that pollutes our life.

We need to continually remind ourselves that nothing or no one outside of us can make us unhappy without our consent. I have always stated to my family and friends that no one can make you happy other than yourself. We need to remember that we are (Our Life) the sum total of what we choose to think about in our minds. In understanding this why should we choose to use our minds as pigpen of filth instead of a kingdom where we can create our wants and desires?

VISUALIZATION

The American philosopher, psychologist and teacher William James stated, “There is a law in psychology that if you form a picture in your mind of what you would like to be, and you keep and hold that picture there long enough, you will soon become exactly as you have been thinking.”

Visualization has taken up roots in everything from major sports to medical treatment and everything in between. Understanding that we become that which we choose our thoughts to be then this is the picture of the constant reminder to our mind of that which we want to think about and then ultimately become. One more point regarding this thought. The more thought we give to that which we want or desire, the more we feel ourselves having our want or desire and the more we visualize us as already having our want and desire the faster it is manifested into our life-experience.

We need to now consider how we actually think. How our vast awesome mind works. We actually think in pictures. We dream in pictures. We do not think in terms of words, sentences or

phrases, but mental images. It is through the use of words which are symbols enabling us to communicate or describe the picture images in our minds.

Dr. Wayne Dyer in his book “Wisdom of the Ages” describes this principle of VISUALIZATION as “What you Really, Really, Really, Really want, you will get.” He continues to describe this in some detail which I have provided in the following four paragraphs.

The first “R” stands for what you Really-wish. Here is where you form a picture of what you would like in your life, such as a promotion, a new car, weight loss, nonaddiction, or whatever. Once the picture is formed, you wish for it by seeing yourself in the job, or driving the new car, or at your desired weight, or nonaddicted. Everything you manifest begins with a wish based on an inner visualization.

The second “R” stand for what you Really-desire. The difference between merely having a picture in your mind that you wish for and a desire is in your willingness to ask for it. “Ask and you shall receive” is not an empty promise. What it is that you have wished for in your imagery, ask out loud, but privately, to receive. “Good, I am asking for your cooperation in bringin this picture to me in a material way.”

The third “R” stand for what you Really-intend. Now you take the picture that you have wished for and asked for and you frame it into a statement oof intention or will. It goes like this, “I intend to bring this picture into my world with the cooperation of ____” whatever you prefer to name as the creative intelligence. There is no room here for doubt with such statements as “If everything works out okay,” or “If I am lucky.”

The fourth “R” stand for what you feel Really-passionate about, or what I call the hardening of the will. You are unwilling to allow anyone to discourage your passionate purpose or put a damper on your picture. You resist the negative

opinions of others, and you remain silent as much as possible on what you intend to produce into your life. Those who are Really, Really, Really, Really accomplished at attracting into their lives all that they desire, are by no means lucky nor do their circumstances create their desires. They have all “Four R’s” working for them at all times, and particularly the fourth “R,” Really-passionate.

So what is it that you are not willing to do to make the CHANGE happen in your life?

SELF IMAGE

I stated earlier that INSPIRATION – BEING INSPIRED was probably one of the most significant of the tools within our tool set. With that said, SELF IMAGE is knocking on that same door. We have stated that we become what we think. Doctors tell us our physical bodies become that which we eat. What we see when we look in the mirror as the picture of ourselves is what we believe about ourselves. When you look in a mirror what do you see? How we see ourselves and what we believe about ourselves that makes all of the words contained in this book worthy to receive and co-create.

A lot of thought goes into our everyday life about our self-image. I raised three daughters with no sons. Therefore, I had four females and myself in our house. I have firsthand experience that women spend a lot of time preparing their self-image. Hours are spent every day on this subject. If it is not their hair or makeup it is an outfit and matching shoes, etc. etc. etc. Even after they spend hours of time preparing themselves they still come out and ask how they look. Now God forbid us men to say anything but a positive reassurance on the way they look. I learned my lesson on that as well. So it goes without saying that our emotions, our thoughts, our actions are based on how we see ourselves.

What we may not realize is that third party influence contributes more about our self-image than the time we spend each and every day on preparing the image we want others to see. I have read numerous books about the lives of people and the FEAR they developed about the lack of what they saw of their self-image. This FEAR is mainly caused by third parties who either teased us

about our looks, the way we dressed, our shyness, our crooked teeth, the house or the area of town in which we lived, the way we talked, and many more.

One of the fundamental questions we continually ask of ourselves about our SELF IMAGE cannot be properly directed to us in the first place. We keep asking ourselves over and over what it is we are. What do we see ourselves doing 5 years from now? Here is a good interview question I get every time I have had an interview – Please describe yourself! This inherently requires us to ask what we are now and how do I put that into words so that this person can understand really who I am.

Asking ourselves who we are implies that the answer is not one we know, and it is up to us to supply. Yet our minds cannot perceive us correctly. We have no real image that can be perceived. The word image is perception related and not part of true KNOWING.

KNOWING is not open to any interpretations. Therefore, there cannot be any perceptions. So it is in the understanding that our CHANGE becomes effective when we ask forgiveness for controlling our lives through EGO instead of living with purposeful intent in-Spirit. We have lost the KNOWING that we are a miracle of God.

We have come to understand that we are nothing more than an energy center giving and receiving energy from everything in this Universe. We also have come to understand that what we allow to occur in our lives contribute to our thoughts which either needs to be cleaned from our mind or they affect our CHANGE. So, just as we need to CHANGE our thoughts and take control over our mind we must also take charge of how we think about ourselves. We need to let go of the grumbling, moaning, and passive attitude by changing how we choose to perceive life in general. We need to rejoice in life without regards to outcomes. We need to determine what make ourselves happy and do it. We need to take the step to bring joy into everyone's life. We do this by bringing a joyful KNOWING that our lives have a natural purpose to everyone we meet and everything we do. In order for us to create this SELF IMAGE we must make sure we understand the energy being received. For it's in the energy we receive and then give which produces a joyful KNOWING about ourselves.

I have taken a position within my own life to not be associated with negative situations, negative people or negative conversations. I find that to be associated with this negative energy clouds my mind and causes me to have to cleanse my mind taking time away from the path of enlightenment I have chosen. When I begin to hear conversation about grievances, complaining, anger, and bitching, I deliberately and without saying anything quietly remove myself from the conversation and space as quickly as possible. I wish not to have any negative energy within my energy field space. I have also found that the less I talk the less I have to complain about. We need to watch what we say as well. We need to not use the words I'm tired, I don't feel well, I think a cold is coming on, I think I have _____, I am limited to do _____, I can't _____. When we remove these grievances from our communication we find ourselves having to rethink our inner attitudes about those things and usually outcomes that these conditions or ailments produce are not experienced anymore in our lives.

We need to see our SELF IMAGE as that which includes our wants and desires. Seek out positive energy flows. Remove yourself from any negative energy. Remove from your thoughts and verbal statements about anything that you do not want to manifest into your life. Eliminate self-denigrating labels. Become a doer rather than a critic or complainer. Ignore third party criticism. See yourself as a great spirit that you are.

A favorite quote of mine by Albert Einstein can put a bow on this tool. "Great spirits have always encountered violent opposition from mediocre minds."

Our ability to manifest our wants and desires into our life experiences is to control physical mind to create the thought patterns with significant intent that our thoughts increase of vibrational levels to connect with our Soul the Inner Being given to us by our Creator and ALLOW it to manifest those wants and desires into our life experience. It was not by chance that we were told to "Ask and it shall be given." This is a truth. Everything good or bad we ask for is given immediately to us. It is in the ALLOWING when our wants and desires are manifested into our life experiences.