

**GOD'S UNIVERSAL LAWS**  
**THE LAW OF EMOTIONS**

**BY: GOD IS GOVERNMENT**

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# **God's Universal Laws**

## **The Law of Emotions**

Emotions were part of the makeup of Adam and Eve as they were created. Living, as Adam and Eve were in the beginning, they were of the Spirit which only reflected love, joy, kindness and abundance as God gave them. There was no need to display or feel anything other than the love of God until they had opened their mind to the knowledge of good and evil. At that very moment, not only were they infused with a full awareness of good and evil but their entire humanistic characteristics were now a matter of course of Life. In the story at Genesis 3:10 it states, "And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself." This is the first time in the scripture where any human emotions were identified – I was afraid. What are emotions and where do they come from? While many references are made to human emotions in the ancient writings and biblical translations nothing tells us of its origin or purpose. It wasn't until 1884 that the field of science began to look at human emotions and the theories behind them. The James-Lange Theory of Emotion was one of the first theories to attempt to describe the process of emotional reactions. Up until the creation of this theory, relatively few studies and theories existed that related to the science of emotion. The theory states that when a person is presented with an emotional stimulus, he or she feels some sort of physiological arousal, which causes a psychological emotion to be experienced. James stated that emotion was "the feeling of bodily changes which follow the perception of an exciting event."<sup>24</sup> More recently, we have learned that this emotional stimulus is energy in motion. Energy is released within our system that triggers a biochemical response to an external event. This energy release can produce a biochemical response that is in balance with our natural self, or it can respond with a negative response to tell us that our energy is out of balance with our natural self.

We cannot have any emotional expression without having a thought first. Thought always precedes emotion. It is through our emotions that we know if we are connected to the Source

or not. It is through our emotions that provide guidance to our thoughts as they relate to the Divine Plan and the Laws of the Universe. This is one very important Law for us. It is here that our Non-Physical Self (Universal Communication System) communicates with our Physical (Physical Communication System) counterpart. At birth we create a relationship between our Physical and Non-Physical self through our emotions. This is the most important relationship that exists on this physical realm. It is this relationship that can interpret the communication with our Source – done by our Non-Physical – and can guide our physical thoughts and actions by communicating with physical being through the interaction of emotions. Therefore, we can conclude here that the Non-Physical part of Us (our spirit) is pure energy communicating continuously with our Source because they are on the same Vibrational frequency and the physical part of us (our bodies) being also pure energy but vibrating at a different Vibration frequency seeks communication continuously with our Source and can only do so with our Non-Physical Us. Thus, the manner by which the Physical Us knows that we are in harmony with the Non-Physical Us (being in harmony with our Source 100% of the time because it is Source) is through how we feel. If we feel good about our thoughts and actions we are told we are working in harmony with our Spirit who is always in harmony with Source. If we feel bad about our thoughts and actions then we know that we are working outside of being in harmony with our Spirit. It is through this relationship that all other relationship shapes our Life.

At this dramatic time in human history, violent emotions dominate human behavior, causing disharmony in people's personal lives—and war and strife around the globe. Unfortunately, most people are driven by their emotions. They experience an emotion and act accordingly. They are as yet unaware that they can use their minds to choose and control their emotions. Instead they are victims of their own emotions because they do not understand the mechanism or the relationship behind emotions.<sup>25</sup>

We cannot have an emotion without having a thought first. When you understand this law, you will see that you cannot be angry without having an angry thought first. And that you cannot be sad without having a sad thought first. Nor can you feel loving and kind without having loving

and kind thoughts first. For most people, this realization is a true revelation. Since most people are driven by their emotions, recognizing and understanding this law and how this mechanism works—both in themselves and in other people—requires a great expansion of consciousness and self-awareness.<sup>26</sup>